

Dress Down Day for Dysautonomia Awareness

to benefit

DYSAUTONOMIA INTERNATIONAL



AWARENESS



ADVOCACY



ADVANCEMENT

**Contribute \$ _____ and wear casual clothes to work on
_____ to show your support for
Dysautonomia Awareness.**

Dysautonomia is a term used to describe a malfunction of the Autonomic Nervous System. The Autonomic Nervous System controls essential functions of the body that we do not consciously think about like our heart rate, blood pressure, digestion, and temperature regulation. There are many different types of dysautonomia, such as Neurocardiogenic Syncope, Postural Orthostatic Tachycardia Syndrome and Multiple System Atrophy.

Symptoms of dysautonomia can include lightheadedness, fainting, abnormally fast or slow heart rate, abnormal blood pressure, shortness of breath, chest pains, too much or too little sweating, gastrointestinal motility problems, pupil dysfunction, and much more. There is currently no cure for any form of dysautonomia, but with your help we can change that!

All proceeds of this event will be donated to Dysautonomia International, a 501(c)(3) non-profit organization dedicated to improving the lives of individuals living with dysautonomia by through medical research, education, advocacy and patient empowerment. For more information, please visit their website: www.DysautonomiaInternational.org.

Dress Down Day Coordinator:

Contact Info: